






# September

| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  |
|--|---|--|--|---|
| 1<br>No School<br><b>HAPPY LABOR DAY</b>   | 2<br><b>Breakfast</b><br>Pancakes<br><b>Lunch</b><br>Beef Walking Taco<br>Mexican Street Corn<br>Lettuce & Tomato<br>Fruit      | 3<br><b>Breakfast</b><br>Ultimate Breakfast Round<br><b>Lunch</b><br>Ham & Macaroni Au Gratin<br>Green Beans<br>Dinner Roll<br>Fruit | 4<br><b>Breakfast</b><br>Cheesestick<br><b>Lunch</b><br>Breaded Mozzarella Cheese Sticks<br>w/ Marinara Dipping Sauce<br>Sweet Potato Nuggets<br>Fruit   | 5<br><b>Breakfast</b><br>Chicken Biscuit<br><b>Lunch</b><br>Cheese Pizza<br>Baked Beans<br>Frozen Fruit Friday<br> |
|    |   |  |  | <b>National Cheese Pizza Day</b>  |
| 8<br><b>Breakfast</b><br>Sausage Biscuit<br><b>Lunch</b><br>Sausage Patty with Scrambled Eggs<br>Hashbrowns<br>Cheese Grits<br>Baked Biscuit & Fruit   | 9<br><b>Breakfast</b><br>Waffles<br><b>Lunch</b><br>Chicken Alfredo<br>Steamed Broccoli<br>Garlic Breadstick<br>Fruit           | 10<br><b>Breakfast</b><br>Mini Strawberry Bagels<br><b>Lunch</b><br>Popcorn Chicken<br>Mashed Potatoes<br>Dinner Roll<br>Fruit       | 11<br><b>Breakfast</b><br>Cinnamon Toast Soft Baked Bar<br><b>Lunch</b><br>Cheese Quesadilla<br>Mexicali Corn<br>Fruit   | 12<br><b>Breakfast</b><br>Pancake Pup<br><b>Lunch</b><br>Italian Pizza<br>Spinach Salad w/ Ranch<br>Frozen Fruit Friday   |
| 15<br><b>Breakfast</b><br>Ham & Cheese on Hawaiian Bun<br><b>Lunch</b><br>Fiesta Mac<br>Black Beans w/ Red Peppers<br>Garlic Breadstick<br>Fruit       | 16<br><b>Breakfast</b><br>Apple Frudel<br><b>Lunch</b><br>Popcorn Chicken<br>Baked Beans<br>Fruit<br><b>Educational Cookies</b> | 17<br><b>Breakfast</b><br>2 oz Chicken Patty<br><b>Lunch</b><br>Chicken Sandwich<br>Seasoned Fries<br>Fruit                          | 18<br><b>Breakfast</b><br>French Toast<br><b>Lunch</b><br>Cheeseburger<br>Lettuce and Tomato<br>Sweet Potato Fries<br>Fruit<br><br><b>National Cheeseburger Day</b> | 19<br><b>Breakfast</b><br>Maple Sausage Taquito<br><b>Lunch</b><br>Italian Pizza<br>Spinach Salad w/ Ranch<br>Frozen Fruit Friday   |
| 22<br><b>Breakfast</b><br>Cinnamon Texas Toast<br><b>Lunch</b><br>Chicken Tenders<br>Smiley Fries<br>Fruit<br>Dinner Roll                              | 23<br><b>Breakfast</b><br>Blueberry Waffle<br><b>Lunch</b><br>Baked Lasagna<br>Green Beans<br>Garlic Breadstick<br>Fruit        | 24<br><b>Breakfast</b><br>Sausage Griddle<br><b>Lunch</b><br>Turkey & Gravy<br>Mashed Potatoes<br>Fruit<br>Dinner Roll               | 25<br><b>Breakfast</b><br>Pancake Pup<br><b>Lunch</b><br>Country Fried Steak<br>Baked Beans<br>Fruit   | 26<br><b>Breakfast</b><br>Chicken Biscuit<br><b>Lunch</b><br>Italian Pizza<br>Seasoned Carrots<br>Frozen Fruit Friday   |
| 29<br><b>Breakfast</b><br>French Toast Sticks w/ Sausage<br><b>Lunch</b><br>Tangerine Chicken w/ Dinner Roll<br>Steamed Rice<br>Honey Carrots<br>Fruit | 30<br><b>Breakfast</b><br>Cheesestick<br><b>Lunch</b><br>Piggy Fries w/Fritos<br>Seasoned Corn<br>Fruit                         |  |  |   |

MILK OFFERED DAILY AT BREAKFAST AND LUNCH / FRUIT JUICE, YOGURT AND GRANOLA OFFERED AT BREAKFAST

GRILLED CHEESE SANDWICH AND YOGURT PLATES AVAILABLE DAILY AT LUNCH

*This Institution is an Equal Opportunity Provider*

USDA REGULATIONS REQUIRE STUDENTS TO TAKE 1/2 CUP FRUIT AT BREAKFAST AND AT LEAST 1/2 CUP FRUIT AND/OR VEGETABLE AT LUNCH TIME

School District of Pickens County Proudly Supports Locally Grown/Certified Produce Farmers. We Source all Bread From a Local Bakery. Condiments provided daily